

# CONFERENCE PACKING CHECKLIST

## PACK AHEAD OF TIME

- Dress shoes
- flats/sandals
- Running shoes
- Daytime outfits
- Evening outfits
- Bras (straps/strapless)
- Underwear
- Socks
- Swim suits
- Swim coverups
- Travel outfit
- Travel pillow
- Workout clothes
- Purses
- Jewelry
- Medicine/bandaids
- Hair elastics/pins
- Passport
- Protein bars
- Mints
- Business cards
- Notebook and pen
- Book
- Earplugs

## PACK DAY OF FLIGHT

- Hair brush
- Makeup
- Toiletries
- Heating pad
- Chargers (iPhone/pad/watch)
- iPad
- iPhone
- Watch (wear)
- Wallet
- Travel outfit (wear)
- Air pods
- Laptop & charger
- Camera & battery & mini tripod
- Sunglasses
- Glasses
- Hot rollers
- Curling iron
- Presentation notes and files
- Lipgloss